



Newcastle Hockey Club

"Welcome to the 2011/12 hockey season! I hope you are all fit and well!!
To help the senior ladies to get back into the swing of things training will restart on
Wednesday August 17th 2011.

Senior Ladies Training takes place at our home ground, Centre for Sport, Westgate Road.
Please note the times below which are the same as last season.
3rd and 4th team Squads - 6:45pm - 8.15pm
1st and 2nd team Squads - 8.00pm - 9.30pm

The season runs from mid-August to March/April with a break at Christmas. If you are new to the club then please come along to the 6:45pm -8:00pm training session initially or contact the Club Captain regarding which session to attend.

Junior Mixed Training will restart on Wednesday September 14th 2011 for the 2011/12 season. This runs at the Centre for Sport, every Wednesday night during term-time from September onwards. All standards of juniors are very welcome. The session is split into 2 sections:
Under 11's Girls & Boys 5.00pm - 6.00pm
11+ Girls & Boys 6.00pm - 7.00pm

Men's hockey training takes place at Centre for Sport on Monday evenings from 7pm. This is led by Hugh Wryley -Birch our Men's Captain.
Players of all standards are welcomed across the club and at any stage of the season so what are you waiting for!

Attendance at training is important to all club members - If you can't train, please let your captains know.

We have 4 senior ladies teams at Newcastle - our 1st team play in North Division 2 East, our 2nd team play in the Northumberland A League, our 3rd and 4th teams play in the Northumberland B League.

Our junior/development team play in the Harper League on Thursday evenings.

We have 1 men's senior team managed by Andy Nesbitt.

There is plenty of hockey available - if you want to play and aren't getting games please speak to your captain or myself. We value all our club members and aim to give competitive hockey to everyone.

So that we can get in touch with you and register any name or number changes, can ALL players please make sure that you have completed a 'player registration form'. The club requires this information to register players for the league and insurance purposes. These need to be completed online or if on paper they need to be returned to either Maria Henderson (our secretary) or myself, ideally by 10th September especially for those who hope to play in the first game of the season.

Here's to an enjoyable and successful season."

Sarah Meyers.

Club Captain



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Selection - The selection process for the 2011/12 season will be based firstly on ability and then on availability & attendance at training.

Fitness will also be taken into consideration in the event of two players being equal on all of the other criteria.

Each team will be looking to take a squad of 13 players to each match. This will provide 2 substitutes and an opportunity to roll players on and off during each match to ensure that everyone gets a fair amount of time on the pitch.

Please bear in mind that there WILL be movement of players between 1st / 2nd / 3rd / 4th squads when appropriate, depending upon the selection criteria mentioned above.

Our coaches will make recommendations but ultimate selection is the responsibility of the captain.

It is important that if you unhappy about any selection issues, that you raise these with your team captain or see the Club Captain as soon as possible.

Match Fees - These are set at £7 per match.

For Juniors and Students in full time education the cost is £5.

For all players competing in the Harper League on a Thursday evening the cost is £3 per match.

Match fees must be paid at the beginning of each match.

Training fees are incorporated into your match and annual subscriptions once the season begins and you have registered.

Committee Meetings - The Committee meets regularly throughout the season. If any member of the club wishes us to discuss any matter please contact the Club Captain who will then raise the issue at the next available meeting.

Junior Training - Senior players are expected to try and support at least one junior training session per season. These run on a Wednesday 6-7pm just before Senior training. If you can help out please see Megan Newton, our Junior Development Officer as soon as possible to offer your support for at least one session this season. Thanks!

Website - We have a fantastic and reliable Website, which will provide you with general information as well as match fixtures, results and forthcoming social events.

www.newcastlehockeyclub.org.uk

Please ensure that we have your current email address so we can keep you up to date throughout the season!

Sponsorship - If you know/work for any company who could help us out with a donation, small or large, please let the Club Captain know. Thanks!

Indoor Hockey - The 6-a-side indoor hockey season is scheduled to begin towards the end of the season.

It will take place on Monday evenings at The Centre for Sport, Westgate Road.

This season we have entered 3 teams into the appropriate leagues. Club members who are interested in playing indoor hockey should contact Vicky Johnstone our Indoor Co-ordinator or the Club Captain.

Training - Sessions start promptly at 7pm. It would be appreciated by the coaches if you can be ready to train by this time.

In the event of severe weather conditions and the Westgate pitch being unavailable, all efforts will be made to inform you of cancelled training sessions.

If in doubt, please phone the Centre for Sport on 0191 2417700 and they will be able to confirm the state of the pitch.



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Club Contacts

Dear Member,

We have provided below a list of contacts within the club that you may need as some point during the course of the season. The most important will be your team Captain and Vice-Captains. You must notify them if you are unable to train or play as soon as possible.

Also, we maintain a club member email list and contact may be made with you by email from the NHC club e-mail address therefore you must check your contact e-mail regularly! You can also send an email to the club email address using the contact form on the website for non-urgent enquiries, and to update us with any change in your email address.

Elected Officials:

Club Captain	Sarah Meyers
Club Secretary	Maria Henderson
Club Treasurers	Claire Smith Lori Hammond
Welfare Officer	Laura McNabb
Junior Development Officer	Megan Newton
Fixtures Secretary	Hannah Keighley
Kit Officers	Anna Collins Kathryn Watts
Volunteer Coordinators / Social Secretaries	Suzanne Eye Holly Van Bergen
Website Coordinator	Emma Beatty

Team Contacts:

Ladies 1st XI Captain	Becks Radley
Ladies 1st XI Vice-Captain	Vicky Johnstone
Ladies 2nd XI Captain	Sue Thompson
Ladies 2nd XI Vice-Captain	Ele Holmes
Ladies 3rd XI Captain	Kate Jenkins
Ladies 3rd XI Vice-Captain	Claire Russell
Ladies 4th XI Captain	TBC
Ladies 4th XI Vice-Captain	TBC
Men's 1st XI Captain	Hugh Wryley-Birch
Men's Team Manager	Andrew Nesbitt
Ladies Indoor Coordinator Indoor Captains	Vicky Johnstone TBC

Newcastle Coaches Senior:

Sarah Williams (Level 3)
Vaughan Gordon (Level 2)
Elaine Langman (Level 2)
Gareth Mellor (Level 2)
Kevin Sorlie (Level 1)